



Volunteer Application/Questionnaire

Name

Phone #

Address

City

Email

Postal Code

In case of emergency, contact:

Name

Phone #

Availability & Location (please check all that apply):

Morning ☐ Afternoon ☐ Evening ☐

La Salle ☐ Oak Bluff ☐ Sanford ☐ Starbuck ☐ Brunkild ☐ Domain ☐

Present Employment Status:

What do you like to do for fun/ interests/skills (circle all that apply):

Knitting/ Crochet Card/Board Games Travelling Photography Sports

Crafts Painting Quilting Writing Cooking Music/Singing

Exercise _____ Computer/Tablet /Social media Gardening Woodworking

Other: _____

Some of our Volunteer Opportunities:

GEMS (Greet, Eat and Meet for Seniors) is a Congregate meal program for older adults with a Meals on Wheels program for those who cannot get out of the house. We are always looking for people to help at the weekly meal programs: A work shift (approximately 2 hours) would entail setting tables, serving food, helping seniors with mobility challenges get their meal, delivering meals in the community, cleaning tables and dishes and helping the meal coordinator if needed. Volunteers sign up for shifts based on availability. If this interests you, please indicate which community you could help in:

Monday, La Salle ☐ Wednesday, Starbuck ☐ Not interested ☐
Monday, Brunkild ☐ Thursday, Sanford ☐

Phone Pals is a telephone visiting program. Volunteers would call an older adult 1-2 times per week for a check in and conversation.

Interested ☐ Not interested ☐

Transportation is a program to help get older adults to appointments or to special events. This would entail picking up the older adult at their home, driving them to their appointment, escorting them to the appointment, dropping them off at their home. For appointments, the older adult is responsible for paying the driver a per km rate and any parking fees. For special events, the rate would be based on a flat rate per passenger. Drivers should possess a minimum of 2 million liability insurance.

Interested ☐ Not interested ☐

Recreation/Social Programs are programs that may be offered after a meal program or at another time. These may include activities listed in the "What do you do for fun/interests/skills" section above. We are looking for people who would be comfortable leading a program (keeping attendance records, bringing the supplies, getting everyone started, cleaning up) and for people who just would like to help the leader.

☐ I would be interested in leading a program. Please indicate what program you would like to lead (cards/ board games/ exercise/ crafts...) _____

☐ I would be interested in helping at a program

Special Events are programs that don't run that often like the annual Holiday Luncheon held the first Friday in December or the Let No One Be Alone Community Pancake Breakfast held in the spring. Volunteers are needed to help with set up, clean up, greeting guests...

Interested in helping ☐ Not interested in helping ☐

Why do you want to volunteer for Macdonald Services to Seniors?

Have you had a Criminal Records check with a Vulnerable Sector check in the last 6 months? _____

If you are volunteering with older adults, you must obtain a Vulnerable Sector (VS) check. Macdonald Services to Seniors will provide a Volunteer letter to obtain a free VS check.

Reference- Please give us the name and contact information for someone we can call for a reference for you: _____